

Toronto Veg Awards 2016



Favourite Veg Restaurant, City of Toronto, Nominations

Bloomer's

www.bloomersto.com

Cosmic Treats

www.cosmictreats.ca

Doug's Public Kitchen

www.dougmcnish.com

Fresh

www.freshrestaurants.ca

WINNER

Grasshopper

www.grasshopperrestaurant.ca

Green Earth

www.greenearthvegan.com

Hibiscus

www.veg.ca/directory/75/768/Hibiscus

Hogtown Vegan

www.hogtownvegan.com

King's Cafe

www.kingscafe.com

Live Organic

www.livefoodbar.com

Rawlicious

www.rawlicious.ca

Vegetarian Haven

www.vegetarianhaven.com

YamChops

www.yamchops.com

Favourite Veg Restaurant, GTA Outside City of Toronto, Nominations

Boon Burger, Burlington

www.boonburger.ca

Brar's, Brampton

www.brars.ca

Gourmet Vegetarian Restaurant, Markham

www.gourmetvegetarianrichmondhill.com

Graceful Vegetarian, Markham

www.blogto.com/restaurants/gracefulvegetarian

Lettuce Love Cafe, Burlington

www.lettucelovecafe.com

WINNER

Nourished on the Go, Oshawa

www.nourishedonthego.ca

Raw Aura, Port Credit

www.raw-aura.com

Tenon Vegetarian Cuisine, Markham

www.tenonvegetariancuisine.com

Wu Tai Vegetarian Restaurant, Markham

www.yelp.ca/biz/wu-tai-vegetarian-restaurant-markham

Favourite Veg Restaurant Outside Toronto, Ontario only, Nominations

Boon Burger, Barrie

www.boonburger.ca

Cafe My House, Ottawa

www.cafemyhouse.com

Cornerstone Cafe, Guelph

www.facebook.com/pages/The-Cornerstone/156325074422859

Democracy Coffee House, Hamilton

www.democracyonlocke.com

Rise Above, St Catharines

www.riseaboverestaurant.com

WINNER

The Green Door, Ottawa

www.thegreendoor.ca

The Green Smoothie Bar, Hamilton

www.thegreensmoothiebar.com

Tucos Taco Lounge, Sudbury

www.tucostacolounge.com

Vidya's Veggie Gourmet, Thornton

www.veggiegourmet.ca

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Favourite Veg-Friendly Restaurant, City of Toronto, Nominations

Cardinal Rule	www.cardinalrulerrestaurant.com	
Disgraceland	www.disgraceland.ca	
Freshii	www.freshii.com/ca	WINNER
Khao San Road	www.khaosanroad.ca	
Magic Oven	www.magicoven.com	
Nazareth Restaurant	www.yelp.ca/biz/nazareth-restaurant-toronto	
Sabai Sabai Kitchen and Bar	www.sabaisabaito.ca	
Sneaky Dee's	www.sneaky-dees.com	
Tabule	www.tabule.ca	
The Beet	www.thebeet.ca	

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Favourite Vegan Pizza, Nominations

Apiecalypse Now Pizza & Snack Bar	www.facebook.com/ApiecalypseNowPizza	WINNER
Bella Noella's, St Catharines	www.bellanoellaspizza.com	
Blaze Pizza	www.blazepizza.com/locations/toronto	
Famoso Neapolitan Pizzeria	www.famoso.ca	
Khalsa Pizza	www.khalsapizza.com	
Magic Oven	www.magicoven.com	
Mamma's Pizza	www.mammapizza.com	
Panago Pizza	www.panago.com	
Pizza Nova	www.pizzanova.com	
Pizzaiolo	www.pizzaiolo.ca	
Za Pizzeria	www.za-pizzeria.com	

Favourite Vegan Brunch Place, Nominations

Cardinal Rule	www.cardinalrulerrestaurant.com	
Castro's Lounge	www.castroslounge.com	
Cosmic Treats	www.cosmictreats.ca	
D-Beatstro	www.facebook.com/dbeatstro	
Disgraceland	www.disgraceland.ca	
Doug's Public Kitchen	www.dougmcnish.com	
Fresh	www.freshrestaurants.ca	WINNER
Grasshopper	www.grasshopperrestaurant.ca	
Hibiscus Café	www.veg.ca/directory/75/768/Hibiscus	
Hogtown Vegan	www.hogtownvegan.com	
Karine's Fresh	www.karines.wordpress.com	
Kupfert & Kim	www.kupfertandkim.com	
Live Organic Food Bar	www.livefoodbar.com	
Lola's Kitchen	www.lolaskitchen.ca	
Sneaky Dee's	www.sneaky-dees.com	
The Steady		

Toronto Veg Awards 2016

Favourite Vegan Bakery, Nominations

Apiecalypse Now, Toronto

www.facebook.com/ApiecalypseNowPizza

Beechwood Doughnuts, St Catharines

www.beechwooddoughnuts.com

Bloomer's, Toronto

www.bloomersbakery.ca

Bunner's, Toronto

www.bunners.ca

Kelly's Bake Shoppe, Burlington

www.kellysbakeshoppe.com

WINNER

Ripe Bakery, Toronto

www.facebook.com/ripebakery

Rise Above Bakery, St Catharines

www.riseabovebakery.ca

Sweets from the Earth, Toronto

www.sweetsfromtheearth.com

Through Being Cool, Toronto

www.tbcvegan.com

Tori's Bakeshop, Toronto

www.torisbakeshop.ca

Vegan Danish Bakery, Thornhill

www.vegandanishbakery.com

Favourite Fresh Juice Bar or Brand, Nominations

Au Jus

www.yamchops.com

Belmonte Raw

www.belmonteraw.com

Big Carrot Organic Juice Bar

www.thebigcarrot.ca

Bolt Fresh Bar

www.boltfreshbar.com

Farmacia Juice Bar

www.sannasfarmacia.com

Fresh

www.freshrestaurants.ca

WINNER

Greenhouse Juice Co.

www.greenhousejuice.com

Impact Kitchen

www.impactkitchen.ca

Live Organic Juice

www.livefoodbar.com

Pulp & Press

www.pulpandpress.com

Pulp Kitchen

www.pulpkitchen.ca

The Fix & Co.

www.thefixandco.com

The Grow Op Juice Bar & Eatery

www.thegrowop.ca

Village Juicery

www.villagejuicery.com

Favourite Vegan Caterer, Nominations

Doug McNish

www.dougmcnish.com

Earth + City

www.earthandcity.ca

Feel Good Guru

www.feelgoodguru.com

Hearty Catering

www.heartycatering.com

Kupfert & Kim

www.kupfertandkim.com

Urban Acorn Catering

www.urbanacorn.ca

Urban Herbivore

www.herbivore.to

Vert Catering

www.vertcatering.com

YamChops

www.yamchops.com

WINNER

Favourite Vegan Meal Delivery, Nominations

Doug's Public Kitchen, Toronto

www.dougmcnish.com

Green Zebra Kitchen, Toronto

www.greenzebrakitchen.com

WINNER

MacroSnacks, Toronto

www.macrosnacks.com

Nourished On The Go, Oshawa/Whitby

www.nourishedonthego.ca

Tiffinday, Toronto

www.tiffinday.com

VeloVegan, Toronto

veloveganto.com

Zara's Gourmet Kitchen, Toronto

www.zarasgourmetkitchen.ca

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Favourite Veg-Friendly Food Truck/Cart, Nominations

Blazin' Cajun	www.facebook.com/blazincajunTO
Chimney Stax	www.chimneystax.ca
Coco Bananaz	www.cocobananaz.com
Corn Star Roasters	www.facebook.com/pages/Corn-Star-Roasters
Karma ChaMEALeon	www.karmachamealeon.com
Portobello Burger	www.theportobelloburger.com
Raw on Location by Cruda Café	www.crudacafe.com
Rescue Dogs	www.rescuedogs.ca
Vegan Extremist	www.theveganextremist.com

WINNER

Favourite Health Food Store, Nominations

4 Life Natural Foods, Toronto	www.4lifenaturalfoods.com
Ambrosia Natural Foods, Thornhill and Vaughan	www.ambrosia.ca
Baldwin Naturals, Toronto	www.veg.ca/directory/134/1494/Baldwin-Naturals
Essence of Life Natural Foods, Toronto	www.essenceoflifeorganics.com
Evergreen Natural Foods, Toronto	www.veg.ca/directory/264/1656/Evergreen-Natural-Foods
Goodness Me!, Mississauga, Burlington, Hamilton, Guelph, Waterloo, Waterdown, Brantford, and Barrie	www.goodnessme.ca
Healthy Planet, Toronto	www.healthyplanetcanada.com
Herbs & Nutrition, Toronto	www.herbsandnutrition.ca
Karma Food Co-op, Toronto	www.karmacoop.org
King's Vegetarian Foods, Toronto, Mississauga, and Scarborough	http://veg.ca/directory/69/1521/Kings-Vegetarian-Food
Moberly Natural Foods, Toronto	www.moberlynaturalfoods.com
Nature's Emporium, Newmarket and Vaughan	www.naturesemporium.com
Noah's Natural Foods, Toronto and Vaughan	www.noahsnatural.com
Organic Garage, Vaughan and Oakville	www.organicgarage.ca
Planet Organic, Port Credit	www.planetorganic.ca
Qi Natural Foods, Toronto	www.qinaturalfoods.com
The Big Carrot Natural Food Market, Toronto	www.thebigcarrot.ca
The Sweet Potato, Toronto	www.thesweetpotato.ca
The Wholesome Market, Toronto	www.wholesomemarket.ca
Tutti Frutti, Toronto	www.tuttifruttikensington.com
Urban Acorn Market, Toronto	www.urbanacorn.ca
West End Food Co-op, Toronto	www.westendfood.coop
Whole Foods Market, Toronto, Markham, Mississauga, and Oakville	www.wholefoodsmarket.com

WINNER

Favourite Online Health Food Store, Nominations

Giddy YoYo	www.giddyoyo.com
Pangea	www.veganstore.com
Upaya Naturals	www.upayanaturals.com
V Word Market	www.vwordmarket.com
Vegan Cuts	www.vegancuts.com
Vegan Essentials	www.veganessentials.com
VeganSupply	www.vegansupply.ca

WINNER

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Favourite Vegan Date Spot, Nominations

Apiecalypse Now and hang out at Christie Pits
Bloomers and late night bar hopping
Cosmic Treats with a stroll through Kensington Market
Disgraceland for karaoke and vegan bar food
Doug's Public Kitchen and shopping at Yorkdale
Fresh with a hike through Trinity Bellwoods
Grasshopper with a walk around the Junction
Hogtown Vegan and a nature walk in High Park
Live Organic to hang out on the patio under the trees
Sneaky Dee's for drinks and vegan snacks
Tori's Bakeshop and a walk on the beach
Vegan Supper Club with Urban Acorn Catering
Vegetarian Haven inside or out on the patio

www.facebook.com/ApiecalypseNowPizza
www.bloomersto.com
www.cosmictreats.ca
www.disgraceland.ca
www.dougmcnish.com
www.freshrestaurants.ca
www.grasshopperrestaurant.ca
www.hogtownvegan.com
www.livefoodbar.com
www.sneaky-dees.com
www.torisbakeshop.ca
www.urbanacorn.ca
www.vegetarianhaven.com

WINNER

Favourite Vegan Dessert, Nominations

Banana Cream Pie, Rawlicious
Blondies, Rise Above Bakery
Blueberry Cheesecake, Sweets from the Earth
Boston Cream Doughnut, Through Being Cool
Brownie, Bunner's
Carrot Cake, Bloomer's
Carrot Cake, Sweets from the Earth
Cheesecake (raw), Live Organic
Chocolate Mo Mint Cookie, New Moon Kitchen
Cinnamon Bun, Bunner's
Cinnamon Bun, Tori's Bakeshop
Coconut Cream Doughnut, Beechwood Doughnuts
Dulce de Leche Cupcake, Kelly's Bake Shoppe
Ice Cream Sundae, Cosmic Treats
Lemon Danish, Vegan Danish Bakery
Mile High Brownie, Kelly's Bake Shoppe
Nanaimo Bar, Kelly's Bake Shoppe
Peanut Butter Thimble (raw), Belmonte Raw
Pie Wonder (Dessert in a Smoothie), Vegetarian Haven
Simpson's Donut, Apiecalypse Now
Sinless Cinnamon Bun (raw), Feel Good Guru
Vanilla Donut, Tori's Bakeshop

www.rawlicious.ca
www.riseabovebakery.ca
www.sweetsfromtheearth.com
www.tbcvegan.com
www.bunners.ca
www.bloomersto.com
www.sweetsfromtheearth.com
www.livefoodbar.com
www.newmoonkitchen.com
www.bunners.ca
www.torisbakeshop.ca
www.beechwooddoughnuts.com
www.kellysbakeshoppe.com
www.cosmictreats.ca
www.vegandanishbakery.com
www.kellysbakeshoppe.com
www.kellysbakeshoppe.com
www.belmonteraw.com
www.vegetarianhaven.com
www.facebook.com/ApiecalypseNowPizza
www.feelgoodguru.com
www.torisbakeshop.ca

WINNER

Favourite Local Vegan Scoopable/Hard Ice Cream, Nominations

Bakerbots
Bang Bang
Booyah
Cosmic Treats
Delight
Hibiscus
Pleasantville
Sweet Olenka's

www.bakerbotsbaking.com
www.bangbangicecream.com
www.booyah-inc.com
www.cosmictreats.ca
www.delightchocolate.ca
www.veg.ca/directory/75/768/Hibiscus
www.pleasantvillecreamery.com
www.sweetolenkas.ca

WINNER

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Favourite Raw Menu Item, Nominations

Make Kale Not War Salad, Feel Good Guru
Manicotti, Live Organic
Pad Thai, Rawlicious
Shades of Green Salad, The Goods
Sun-dried Tomato Wrap, Cruda Cafe
Sunshine Wrap, Live Organic
Taco Wrap, Rawlicious
Tacos, Live Organic
Tostado, Doug's Public Kitchen
Up In Smoke Soft Tacos, Superfood Eateries
Veggie Lo Mein, Belmonte Raw
Yellow Coconut Curry Noodles, Raw Aura

www.feelgoodguru.com
www.livefoodbar.com
www.rawlicious.ca
www.thegoodsisgood.ca
www.crudacafe.com
www.livefoodbar.com
www.rawlicious.ca
www.livefoodbar.com
www.dougmcnish.com
www.superfoodeateries.com
www.belmonteraw.com
www.raw-aura.com

WINNER

Favourite Menu Item, Nominations

BBQ Burger, Fresh
BBQ Tempeh Wing Sandwich, Bloomer's
Beach Bowl, Fresh
Beet Burger, Grasshopper
Fat Mac Pizza, Apiecalypse Now
Hot & Sour Soup, Greens Vegetarian Restaurant
Sizzling Eggplant Tempeh in Spicy Coconut Curry, Vegetarian Haven
Spicy Singapore Seitan, Vegetarian Haven
Soup and Salad, Hibiscus
Southern Combo, The Hogtown Vegan
Tiger Bowl, Fresh
Unchicken & Waffles, The Hogtown Vegan
Vegan Rib Dinner, Disgraceland
Veggie Burger, Doug's Public Kitchen

www.freshrestaurants.ca
www.bloomersto.com
www.freshrestaurants.ca
www.grasshopperrestaurant.ca
www.facebook.com/ApiecalypseNowPizza
www.greensvegetarian.com
www.vegetarianhaven.com
www.vegetarianhaven.com
www.veg.ca/directory/75/768/Hibiscus
www.hogtownvegan.com
www.freshrestaurants.ca
www.hogtownvegan.com
www.disgraceland.ca
www.dougmcnish.com

WINNER

Favourite Salad Menu Item, Nominations

42 Ingredient Salad, Hibiscus
Alpaca, Urban Herbivore
Big Bowl, Live Organic
Big Salad, Fresh
Caesar Salad, Hogtown Vegan
Caesar Salad, Rawlicious
Caesar Salad, Through Being Cool
Dragons Bowl, Yamchops
Falafel Salad, Rawlicious
Harvey's SuperSalad, Kupfert & Kim
Kale Caesar Salad, Yamchops
Mega Life, Fresh
Muay Thai, Veghed
Phytosalad, Fresh
Quinoa Fiesta, Green Earth
Taco Salad, Doug's Public Kitchen
Tangled Thai, Fresh
Uber Protein, Live Organic
Un-Stir Fry Salad, Doug's Public Kitchen
Vegan Not-Chicken Caesar, Apiecalypse Now

www.veg.ca/directory/75/768/Hibiscus
www.herbivore.to
www.livefoodbar.com
www.freshrestaurants.ca
www.hogtownvegan.com
www.rawlicious.ca
www.tbcvegan.com
www.yamchops.com
www.rawlicious.ca
www.kupfertandkim.com
www.yamchops.com
www.freshrestaurants.ca
www.facebook.com/VEGHED-148922254679880
www.freshrestaurants.ca
www.greenearthvegan.com
www.dougmcnish.com
www.freshrestaurants.ca
www.livefoodbar.com
www.dougmcnish.com
www.facebook.com/ApiecalypseNowPizza

WINNER

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Favourite Vegan Fashion/Apparel Brand, Nominations

Big Buddha	www.bigbuddha.com
Brave Gentle Man	www.bravegentleman.com
Bungalow 360	www.bungalow360.com
Cherry Berry	www.cherryberry.ca
Chic Made Consciously	www.chicmadeconsciously.com
Compassion Co	www.compassionco.com
Cri de Coeur	www.cridecoeur.myshopify.com
Good Guys	www.goodguys.fr
GUNAS	www.gunasthebrand.com
Herbivore Clothing	www.herbivoreclothing.com
HoodLamb	www.hoodlamb.com
Jeane & Jax	www.jeaneandjax.com
Mammoth Outerwear	www.mammothouterwear.com
Matt and Nat	www.mattandnat.com
Nice Shoes	www.niceshoes.ca
Nicora Johns	www.nicorajohns.com
Novacas	www.novacas.com
Olsenhaus	www.olsenhaus.com
Sick On Sin	www.sickonsin.com
Stella McCartney	www.stellamccartney.com
Susan Nichole	www.susannichole.com
The Tree Kisser	www.thetreekisser.com
Truth Belts	www.truthbelts.com
Urban Expressions	www.urbanexpressions.net
Vaute Couture	www.vautecouture.com
Vegetarian Shoes	www.vegetarian-shoes.co.uk
Wills London	www.wills-vegan-shoes.com

WINNER

Favourite Made in Toronto Artisanal Packaged Foods, Nominations

Apiecalypse Now Fat Mac Sauce	www.facebook.com/ApiecalypseNowPizza
Castle Kitchen Pancake and Waffle Mix	www.castlekitchenfoods.com
ChocoSol Chocolate	www.chocosoltraders.com
Fauxmagerie Zengarry Cashew Cheese	www.zengarry.com
Good Food For Good Vegan Sauces	www.goodfoodforgood.ca
Grinning Face Gelato	www.grinningface.ca
Ladyship Vegan Cheese	www.facebook.com/ladyshipvegan
Live on Chocolate Avocado Pop	www.liveonchocolate.ca
Magic Vegan Bacon Grease	www.veganmagic.cc
Nona Creamy Vegan Sauces	www.nonavegan.com
Nuts for Cheese	www.nutsforcheese.com
Pleasantville Ice Cream	www.pleasantvillecreamery.com
Soup Girl	www.localsoupgirl.ca
Tori's Bakeshop Coconut "Bacon"	www.toribakeshop.ca
Vegan Magic Parmageddon	www.veganmagic.cc
Wood & Water Tree Nut Cheeze	www.woodandwaterfoods.com
Yamchops Coconut Ba-Con	www.yamchops.com

WINNER

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Favourite Local Pro-Veg Youtube Channel, Nominations

Erin Janus	www.youtube.com/user/erinsotherstuff	WINNER
FabLunch	www.youtube.com/user/Fablunch	
Hot For Food	www.youtube.com/user/hotforfoodblog	
Kenza Sol	www.youtube.com/channel/UCPqbaR-BzueAJ_r28O2qFeA	
The Edgy Veg	www.youtube.com/user/stillcurrentstudios	
The Kale Sandwich Show	www.youtube.com/channel/UCuD_s5NiqhM7b_8ipFogh2g	
The Viet Vegan	www.youtube.com/channel/UCPOgooHtYIfgotZsHA7_wZw	

Favourite New Grocery Item, Nominations

Chao Cheese Slices	www.fieldroast.com/product/chao-slices	WINNER
Daiya Cheesecake	www.daiyafoods.com	
Daiya Deluxe Cheddar Style Cheezy Mac	www.daiyafoods.com	
Daiya Greek Yogurt	www.daiyafoods.com	
Earth Island Cheese Slices	www.followyourheart.com	
Earth Island Salad Dressings	www.followyourheart.com	
Gardein Pizza Pockets	www.gardein.com	
Go Max Go White Cleo's Peanut Butter Cups	www.gomaxgofoods.com	
Gusta Vegan Sausages	www.gustafoods.com	
Larabar Organic with Superfoods	www.larabar.com	
Sweets from the Earth S'Mores Cookies	www.sweetsfromtheearth.com	
Tofurky Gluten-Free Pizza	www.tofurky.com	
Tofurky Slow Roasted Chick'n	www.tofurky.com	
Tofutti Kids Ravioli	www.tofutti.com	
Vegan Magic Parmageddon	www.veganmagic.cc	
Veggemo	www.veggemo.com	

Favourite New Veg Restaurant, Nominations

Doomie's	www.doomiestoronto.com	WINNER
Grey Tiger	www.greytiger.ca	
Karmah	www.karmah.ca	
Nanashake	www.nanashake.com	
Ripe Bakery	www.facebook.com/ripebakery	
Sorelle and Co.	www.sorelleandco.com	
The Fix & Co.	www.thefixandco.com	
The Grow Op	www.thegrowop.ca	
Vegebitez	www.vegebitez.com	

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Favourite Cookbook of the Year, Nominations

Baconish; Leinana Two Moons
Cook the Pantry; Robin Richardson
Crossroads; Tal Ronnen, Scot Jones & Serafina Magnussen
Deliciously Ella Every Day; Ella Woodward
DIY Vegan; Lisa Pittman & Nicole Axworthy
Eaternity; Jason Wrobel
Made with Love; Kelly Childs & Erinn Weatherbie
Minimalist Baker's Everyday Cooking; Dana Shultz
N'ice Cream; Virpi Mikkonen & Tuulia Talvio
Nom Yourself; Mary Mattern
Protein Ninja; Terry Hope Romero
Super Fresh; Jennifer Houston & Ruth Tal
Superfoods 24/7; Jessica Nadel
The Help Yourself Cookbook for Kids; Ruby Roth
The Make Ahead Vegan Cookbook; Ginny Kay McMeans
The Taco Cleanse; Wes Allison, Stephanie Bogdanich, Molly R. Frisinger & Jessica Morris
Vegan Richa's Indian Kitchen; Richa Hingle
Vegan Under Pressure; Jill Nussinow

WINNER

Favourite Book of the Year, Nominations

Cash Cow; Elise Desaulniers
Do Unto Animals; Tracey Stewart
Esther the Wonder Pig; Steve Jenkins, Derek Walter & Caprice Crane
How Not to Die; Michael Greger, M.D.
Humane Economy; Wayne Pacelle
Meathooked; Marta Zaraska
Proteinaholic; Garth Davis, M.D. & Howard Jacobson, PH.D.
The Happy Vegan; Russell Simmons
The Sustainability Secret; Kip Anderson & Keegan Kuhn
What a Fish Knows; Jonathan Balcombe

WINNER